

From Behind Our White Picket Fence Week 107
By Freddy and Eddy (www.freddyandeddy.com)

A Little Blue Pill

In over two years, it's surprising we've yet to devote a column to perhaps the largest market sector in the adult industry – sexual supplements/aphrodisiacs. Like the mystical cure for baldness, sexual “performance,” which includes erection, desire, and longevity has been researched since early man began digesting ground up animal horns to keep his thing on. So here's part one of our own, informal experiences with substances purported to promote promiscuity, starting with masculinity.

Viagra, Cialis, and Levitra

Viagra (Sildenafil) is the most famous drug in the world, period. It began life in a Pfizer lab to treat hypertension and angina – neither of which it did well – and researchers noticed that, while the blood pressure didn't go down, the bulge in subjects' pants went up. Hence, a few marketing meetings later and the little blue pill emerged to grant new sexual leases on life to a grateful male populace. Of course, competitors followed, with the most prominent being Cialis (Tadalafil), developed by biotech giant ICOS, followed by Levitra (Vardenafil) from Bayer. The latter two are most notable as the effects last much longer than Viagra – up to 36 hours – though it's rumored Pfizer is set to release a “super” Viagra shortly that will equal its competitors.

Having tried all three (it was easy enough to get them over the internet by filling out a pitifully vague “prescription” questionnaire), we'd have to say Cialis emerged the clear winner, though all three worked as advertised. Keep in mind we're relatively young to be using these drugs, so the results may be skewed. Viagra was quickest, but after one shot, so to speak, its effects were only minimal for a couple of hours afterward. Levitra lasted longer, about 12-14 hours, and we were able to get erect easily three times within that period. Cialis, though, was a different story altogether. For the next FORTY EIGHT hours, it was difficult NOT to get hard, even when confronted with something as innocuous as a Victoria's Secret commercial. One common side effect with all three, however, was periodic headaches until they had fun their course.

Natural and Herbal Substances

Horny Goat Weed, Herbal Vivid, Yohime, Ginko Biloba, Tribulus, and all manner of similar substances have purported to increase sexual stamina and increase desire. Our research shows spotty results at best, with only Tribulus Terrestris (ironically the cheapest and easiest to find in vitamin and health shops) increasing erection consistently. A new product that's just come out, called Xiadafil (www.xiadafil.com) combines a bunch of ingredients and gave us a very Viagra-like effect. Horny Goat Weed had zero effect, and Yohime didn't do much for us, either; that's not to say they don't work, but in our experience almost every OTC supplement we tried was a waste of money.

One other category we should mention is topical creams, meant to prolong erections through numbing the penis. These creams usually contain some sort of ‘cane ingredient (such as found in dental numbing agents) and work by desensitizing the nerves in the penile shaft. Unfortunately, once inserted into the vagina, the same thing happens, meaning you’re taking *away* pleasure from *both* parties.

What About Pumps, Rings, and Sleeves?

Pumps are mainly for enlarging erections and work well for drawing blood into the shaft through a process called induction. The pump is placed over the partially erect penis and sealed with a ring at its base, air is pumped into the chamber, and a vacuum effect is created, which draws blood into the penis. The pump chamber is then removed, usually leaving the sealer ring behind, trapping the blood in the shaft and helping maintain the desired erection. Cock rings are simply rings placed behind the testicles and over the shaft, which trap the blood once erection is reached, allowing for longer and harder erections. Both pumps and cock rings work wonderfully well, though we recommend you do your research before attempting to use them. Keeping a cock ring on too long, for example, can result in permanent damage if one isn’t careful. Finally, if one has a problem with premature ejaculation, there are many latex and silicone sleeves available, which desensitize the nerves in the penis (think extra thick condom).

Classes!

FYI – we have a Couples Tantra class happening tonight, with Deva Charu, as well as “Bisexuality for the Bi-Curious Woman,” taught by Kim Airs, and “Pole 101,” with Trina Lance coming up just before Thanksgiving. Call us for more details and/or to book a spot.

Freddy and Eddy – aka Ian and Alicia Denchasy – can be reached via e-mail at freddy@freddyandeddy.com or by calling 310-915-0380. Their store address is 12613 Venice Blvd., LA CA 90066 and all articles are archived on their website.